

## INFORMATION SHEET FOR CAESAREAN SECTION

### Introduction

Caesarean section is a surgical delivery of a baby through an incision made through the mother's abdominal wall and uterus. Unless medically indicated, elective caesarean section usually will not be arranged before 37 weeks.

### Indications

- |                                  |   |                        |
|----------------------------------|---|------------------------|
| 1. Previous uterine scar         | 2. Suspected macrosomia                 | 3. Multiple pregnancy  |
| 4. Malpresentation               | 5. Abnormal lie                         | 6. Failure to progress |
| 7. Contracted pelvis             | 8. Cephalopelvic disproportion          | 9. Fetal distress      |
| 10. Failed instrumental delivery | 11. Other indications (please specify): |                        |

### Procedure

1. Apply general / regional anaesthesia.
2. Urinary bladder catheterized.
3. Abdominal incision made.
4. Urinary bladder dissected away from the lower segment of uterus.
5. Transverse incision made over the lower segment of uterus.
6. Delivery of baby and placenta. Sometimes forceps or vacuum cup might be used to deliver the fetal head.
7. Repair of uterine wound and achieve haemostasis.
8. Closure of abdominal wall.

### Risks/Complications

1. General Risks:
  - i. Wound pain.
  - ii. Haemorrhage & anaemia (may require blood transfusion).
  - iii. Complications of wound, including infection, keloid formation, dehiscence.
  - iv. Complications of anaesthesia.
2. Specific Risks:
  - i. Injury to adjacent organs especially the bladder, ureters and bowels.
  - ii. Bowel problems due to bowel adhesions including bowel colic and obstruction.
  - iii. Uterine wound extension or cervical laceration (about 0.6%).
  - iv. Fetal laceration (about 2%).
  - v. Transient tachypnoea of newborn (wet lung syndrome).
  - vi. Hysterectomy due to uncontrolled heavy bleeding (about 0.2%).
  - vii. Associated maternal mortality of 8/100,000 (4-5 times that of normal delivery).
  - viii. Complications in subsequent pregnancies including uterine rupture, placenta accrete, placenta praevia, ectopic pregnancy, infertility, hysterectomy, and intra-abdominal adhesions.

### Remarks

This is general information only and the list of risks/complications as above is not exhaustive as other unforeseeable complications may occasionally occur. The actual risks may be different for different patients. For further enquiries, please consult the attending doctor.

I confirm that the above information concerning the operation/procedure/treatment has been explained to and discussed with me by the Doctor/medical staff and I have been provided with the information sheet and related information, and that I fully understand the contents.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date (dd-mm-yyyy)

\_\_\_\_\_  
Parent/Guardian's Name

\_\_\_\_\_  
Parent/Guardian's ID No.

\_\_\_\_\_  
Relationship

